

CANNON VALLEY SENIOR CENTER

120 State Street West, Cannon Falls, MN 55009, (507) 263-2136
Lora Bremer, Director. Email: lora@cannonvalleyseniorcenter.org
Web Address: cannonvalleyseniorcenter.org
Hours: Monday-Thursday, 9 a.m. to 1 p.m.

- Vision Statement: Seniors serving seniors, serving the community.
- Mission Statement: The Cannon Valley Senior Center is a nonprofit organization which promotes community involvement through activities that enrich and improve the quality of life for seniors.

MAJOR SPONSORED PROGRAMS

- Adventures in Learning – Programs of interest to the community
- Book Buddies –A program where seniors read to elementary students
- Boutique fundraiser for Scholarship Fund
- Cannon Valley Ensemble – If you play an instrument, you are welcome to join
- Cannon Valley Singers – Perform at community functions
- Cannon Valley Fair – Manning the gates (CVSC fundraiser)
- Cannon Valley Trail – Each fall, community seniors ride on golf carts w/lunch to Welch who otherwise can't walk or bike the trail.
- Card and game days
- CCIC Community dinner –CVSC sponsors August dinner at the Congregational Church
- Community band concert free in August at the fairgrounds w/brats or hotdogs giveaway
- Concert at the Cannon Falls High School – Fundraising event held once a year
- CVSC participates in Chamber of Commerce events each summer
- Day trips – Minnesota locations by bus
- Days for Girls – Group creates feminine hygiene supplies for girls around the world
- Dress a Girl Around the World – CVSC sewing group makes dresses for children
- Educational classes, workshops and crafting classes
- Fall leaf trip
- Fitness, strength and balance classes
- Garden tour – Self-guided, each summer
- Hallway walking –During hours CVSC is open. We also have an outdoor walking group.
- Open houses – On occasion
- Pickleball – Played in the gym. In addition, instructional classes for beginners.
- Pie social – Event for the community at the CVSC
- Picnic in the Park – CVSC sponsored event in June with food and entertainment
- Quilting Club
- Senior Softball
- St. Valentine's Day lunch with entertainment
- Thanksgiving community dinner– CVSC and CCIC at St. Pius
- The Flock – Class to share and learn about birding
- Trips –Cities in the U.S. and Canada
- Veterans Day program – St. Ansgar's – John Hobert honors community veterans each November